

## Advent Reflections

Light 1 candle on the first Sunday for Hope  
Light 2 candles on the second Sunday for Peace  
Light 3 candles on the third Sunday for Joy  
Light 4 candles on the fourth Sunday for Love

"Glory to God in the  
Highest, and on earth  
PEACE, goodwill toward  
Men."  
Luke 2:14



Seek peace at heart  
Seek peace at home  
Seek peace in the virtual world  
Seek peace with the earth  
Seek peace in the market place  
Seek peace not war  
And in my seeking  
I will live with hope  
Strive for change  
Act with humility  
Courage  
Faith  
And choose love not hate

Adapted from Neil Squires' - I will seek peace  
Published in Prayers and poems for Advent and Christmas  
Wild Goose Wee Book

